

	Health and Wellbeing Board
	Thursday 14th July 2022
Title	Fit & Active Barnet Framework
Report of	Director of Public Health and Prevention
Wards	All
Status	Public
Urgent	No
Key	No
Enclosures	Appendix 1 – Fit & Active Barnet presentation Appendix 2 – Fit & Active Barnet Framework (2022-2026) Appendix 3 – Fit & Active Barnet Implementation Plan (2022-2023)
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Summary

The Fit & Active Barnet Framework (2022-2026) sets out a series of commitments in the context of people, place and partnerships to achieve the vision of ‘creating a more active and healthy borough’.

The Framework was co-produced with a range of partners, stakeholders and local organisations and has been subject to extensive consultation. It outlines synergies with local and national policy, with strong alignment to the Barnet Joint Health and Wellbeing Strategy (2021-2025).

The Fit and Active Barnet presentation included within this report (Appendix 1) provides examples of workstreams that support the achievement of priorities detailed within the Barnet Joint Health and Wellbeing Strategy.

This report requests that the Health and Wellbeing Board notes the information included (Appendix 1-3) and asks that the Board considers the implementation plan and provides any feedback to strengthen connections and future partnership opportunities.

Officers Recommendations

1. That the Board note the appended presentation that outlines the Fit & Active Barnet Framework and its synergies with the Joint Health & Wellbeing Strategy.

2. That the Board give consideration as to where the Fit & Active Barnet implementation plan could be strengthened to align with the Joint Health and Wellbeing Strategy, and where collaboration can be optimised.

1. Why this report is needed

- 1.1 The Fit and Active Barnet presentation (Appendix 1) provides the Health and Wellbeing Board with an overview of the Fit & Active Barnet Framework and describes the vision to 'create a more active and healthy borough'.
- 1.2 The Framework was co-produced through a series of engagement sessions with partners and residents/community groups and sets out a collaborative commitment to increase participation levels through access to physical activity opportunities and facility and infrastructure enhancements.
- 1.3 The Fit & Active Barnet Partnership Board are responsible for the promotion, development, delivery, and evaluation of the Framework. Membership of the Partnership Board includes the Council and a variety of partners from the sport and leisure, health, education, voluntary, community and faith sectors.
- 1.4 The Fit & Active Barnet partnership is guided by the following principles;
- **Ensure physical activity is integrated at every given opportunity:** Making physical activity not just the business of typical 'sports' agencies, but it is integrated within all relevant services that support residents
 - **Promote equality and reduce inequality:** Make Barnet a place where everyone can lead more active and healthier lifestyles
 - **Embed a whole systems approach:** Work collaboratively to co-produce and support delivery of sustainable interventions across a life course
 - **Be driven by insight:** Invest time to understand and reduce barriers to participation by engaging with communities and using a robust evidence base to inform and guide decisions
 - **Challenge the status quo:** Explore sustainable innovative approaches which may be less traditional, whilst attracting investment into the borough.

- 1.5 Whilst we have seen improvements in residents achieving the recommended levels of activity, we still have some way to go to reduce levels of inactivity. Our partners are the foundation of support and through collaborative engagement with the Fit & Active Barnet Partnership Board we hope to optimise our collective resources to ensure all residents, whether inactive or active, have access to and are encouraged/supported to be physically active.
- 1.6 The Fit & Active Barnet Partnership Board are committed to doing this by;
- Ensuring strategic alignment
 - Optimising investment opportunities
 - Avoiding duplication of services
 - Identifying and addressing gaps
 - Sharing skills, knowledge, and resources to maximise efficiencies
 - Promoting the value and benefit of physical activity
 - Ensuring sustainable delivery and engagement
 - Advocating accessible and affordable opportunities
- 1.7 The Framework demonstrates synergy with local and national policy documents, signifying the benefits of using physical activity as a vehicle to support residents to improve their health and wellbeing, along with achieving wider outcomes such as increased community and social cohesion, and educational attainment.
- 1.8 The presentation in Appendix 1 gives particular focus to the strategic alignment between the Fit & Active Barnet Framework and the Barnet Joint Health and Wellbeing Strategy (2021-2025), providing examples of where workstreams contained within the Fit & Active Barnet implementation plan complement and support delivery of the key areas and commitments set out within the Barnet Joint Health and Wellbeing Strategy.
- 1.9 In review of the presentation (Appendix 1), the Fit & Active Barnet Framework (Appendix 2) and its supporting implementation plan (Appendix 3), members of the Health and Wellbeing Board are asked to consider where the Fit & Active Barnet implementation plan could be strengthened to align with the Barnet Joint Health and Wellbeing Strategy, and where collaboration can be optimised.

2. Reasons for recommendations

- 2.1 This report and the appended items provide an overview of Fit & Active Barnet and how it aligns itself to help achieve the key aims and commitments outlined within the Barnet Joint Health and Wellbeing Strategy. Following review of the report and appended items, members of the Health and Wellbeing Board are asked to consider where the Fit & Active Barnet implementation plan could be strengthened to align with the Barnet Joint Health and Wellbeing Strategy, and where collaboration can be optimised.

3. Alternative options considered and not recommended

- 3.1 Not applicable

4. Post decision implementation

- 4.1 Feedback and recommendations obtained from Health and Wellbeing Board members will be presented to members of the Fit & Active Barnet Partnership Board for pursual e.g., integration of new actions within the implementation plan.

5. Implications of decision

5.1 Corporate Priorities and Performance

- 5.1.1 The Fit & Active Barnet Framework supports the delivery of the Barnet Plan (2021–2025) ‘Healthy’ priority with strong synergies with the Barnet Joint Health and Wellbeing Strategy (2021-2025).
- 5.1.2 As physical activity supports the achievement of wider social, economic, and environmental outcomes, the Framework also contributes to the achievement the remaining three priorities within the Barnet Plan, along with other key policy documents e.g., the Long-term Transport Strategy (2020–2041), Parks and Open Spaces Strategy (2016), and the Children and Young People Plan (2019–2023).

5.2 Resources (Finance & Value for Money, Procurement, Staffing, IT, Property, Sustainability)

- 5.2.1 As public sector resource, capacity and investment faces significant pressure, the importance of collaboration to maximise opportunities and sustainability is vital.
- 5.2.2 In collaboration with the Fit & Active Barnet Partnership Board, the Council’s Greenspaces and Leisure service will seek to optimise the impact of partnership resources in the borough and pursue external funding opportunities where available.
- 5.2.3 All current activities are being funded via existing revenue budget allocations and grant funding.

5.3 Legal and Constitutional References

5.3.1 Article 7 Committees, Forums, Working Groups and Partnerships of the Council's Constitution sets out the terms of reference of the Health and Wellbeing Board which includes the following responsibilities:

- To jointly assess the health and social care needs of the population with NHS commissioners, and apply the findings of a Barnet Joint Strategic Needs Assessment (JSNA) to all relevant strategies and policies.
- To promote partnership and, as appropriate, integration, across all necessary areas, including the use of joined-up commissioning plans across the NHS, social care and public health. To explore partnership work across North Central London where appropriate
- To work together to ensure the best fit between available resources to meet the health and social care needs of the population of Barnet (including children), by both improving services for health and social care and helping people to move as close as possible to a state of complete physical, mental and social wellbeing.
- Specific responsibilities for overseeing public health and developing further health and social care integration.

5.4 Insight

5.4.1 Resources such as the Sport England Active Lives dataset and the Barnet Joint Strategic Needs Assessment were utilised to support development of the Framework. This is in addition to feedback following engagement with partners and residents/community groups. Insight and feedback will continue to be reviewed during implementation of the Framework to ensure interventions are targeted and effective.

5.5 Social Value

5.5.1 A report by the Sport Industry Research at Sheffield Hallam University concluded that every £1 spent on community sport and physical activity generates nearly £4 for the English economy. The report concluded that investment into physical activity creates a return across health and social care, improves wellbeing, builds stronger communities, and develops skills in the economy¹.

5.5.2 We will continue to utilise the social value calculator (developed by 4Global, Experian & Sheffield Hallam University) to measure social value based on regular participation within Better leisure facilities. Between April 2019 - March 2020, the leisure management contract indicated a social value of £10,019,791 (averaging £284 per participant). This is measured across a range of outcomes including improved health, improved subjective wellbeing, increased educational attainment, and reduced crime.

5.6 Risk Management

5.6.1 The Council has an established approach to risk management, which is set out in the Risk Management Framework. Risks are reviewed quarterly (as a minimum), and any

¹ <https://www.sportengland.org/news/why-investing-physical-activity-great-our-health-and-our-nation>

high level (scoring 15+) risks are reported to the relevant Theme Committee and Policy and Resources Committee.

- 5.6.2 Greenspaces and Leisure service, in conjunction with the Fit & Active Barnet Partnership, ensure that appropriate risk management is in place to mitigate risks associated with delivery of interventions that support implementation of the Framework.

5.7 Equalities and Diversity

- 5.7.1 A core aim of the new Framework is to create equal opportunities for all residents to become more active, and tackle inequalities in access. An [Equalities Impact Assessment](#) has been conducted on the Framework.

- 5.7.2 Decision makers should have due regard to the public sector equality duty in making their decisions. The equalities duties are continuing duties they are not duties to secure a particular outcome. The statutory grounds of the public sector equality duty are found at section 149 of the Equality Act 2010 and are as follows:

A public authority must, in the exercise of its functions, have due regard to the need to:

- a) Eliminate discrimination, harassment, victimisation, and any other conduct that is prohibited by or under this Act;
 - b) Advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it;
 - c) Foster good relations between persons who share a relevant protected characteristic and persons who do not share it.
- 5.7.3 Having due regard to the need to advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it involves having due regard to the need to:
- a) Remove or minimise disadvantages suffered by persons who share a relevant protected characteristic that are connected to that characteristic;
 - b) Take steps to meet the needs of persons who share a relevant protected characteristic that are different from the needs of persons who do not share it;
 - c) Encourage persons who share a relevant protected characteristic to participate in public life or in any other activity in which participation by such persons is disproportionately low.
- 5.7.4 The steps involved in meeting the needs of disabled persons that are different from the needs of persons who are not disabled include steps to take account of disabled persons' disabilities.
- 5.7.5 Having regard to the need to foster good relations between persons who share a relevant protected characteristic and persons who do not share it involves having due regard to the need to:
- a) Tackle prejudice, and

b) Promote understanding

5.7.6 Compliance with the duties in this section may involve treating some persons more favourably than others; but that is not to be taken as permitting conduct that would otherwise be prohibited by or under this Act. The relevant protected characteristics are:

a) Age

b) Disability

c) Gender reassignment

d) Pregnancy and maternity

e) Race

f) Religion or belief

g) Sex

h) Sexual orientation

i) Marriage and civil partnership

5.8 Corporate Parenting

5.8.1 Implementation of the Fit & Active Barnet Framework supports the Council's Corporate Parenting Commitment through the delivery of interventions such as the Fit & Active Barnet Card and its additional benefits to carers (including foster carers), looked after children, and those who are care experienced.

5.9 Consultation and Engagement

5.9.1 The Fit & Active Barnet Framework and its supporting implementation plan was developed through a series of engagement sessions across the Council and with external partners and residents/community groups. A formal consultation process was also conducted via the Council's engagement platform, Engage Barnet, receiving comments and feedback from 73 participants. A [Report of Consultation Findings](#) has been developed to summarise feedback received.

5.10 Environmental Impact

5.10.1 The Fit & Active Barnet Framework supports the achievement of the Barnet Sustainability Strategy Framework and the Long-Term Transport Strategy (2020-2041) through the coordination and delivery of active travel interventions, such as walking & cycling, and promoting everyday movement in the borough.

6. Background papers

6.1 [Fit & Active Barnet Framework \(2022-2026\) Equalities Impact Assessment](#)

6.2 [Fit & Active Barnet Framework \(2022-2026\) Report of Consultation Findings](#)